

## CURRICULUM VITAE

**MARI SHAINA KRISTIN B. BUGAYONG, MD, DPBO**

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### **PERSONAL INFORMATION**

Date of Birth: October 2, 1984  
Place of Birth: Quezon City  
Citizenship: Filipino  
Gender: Female  
Marital Status: Married  
Address: 6 Yakan St. La Vista Subdivision, Quezon City  
Phone numbers: 02-89529781; 0967-2735130  
Email Address: [shainabugayong@gmail.com](mailto:shainabugayong@gmail.com)

### **EDUCATION/POST GRADUATE TRAINING**

Fellowship Training: Singapore National Eye Center  
Orbit, Lacrimal, Oculoplastic and Reconstructive Surgery (2019 - 2021)

Residency Training: East Avenue Medical Center  
Department of Health Eye Center (2015 - 2017)

Medical Internship: University of the Philippines – Manila  
Philippine General Hospital (2012)

Medical School: University of Santo Tomas – Faculty of Medicine and Surgery  
Doctor of Medicine (2011)

College: University of the Philippines – Manila  
Bachelor of Science in Physical Therapy (2001-2006)

High School: University of the Philippines Integrated School  
Graduated with Honors (2001)

### **MEDICAL LICENSURE**

Physician Licensure Examinations – Manila, Philippines  
August 2013  
License number: 125037

### **BOARD CERTIFICATION**

Philippine Board of Ophthalmology Diplomate Examination (Written)  
April 2018

Philippine Board of Ophthalmology Diplomate Examination (Oral)  
June 2018

### **HOSPITAL COMMITTEE APPOINTMENTS**

Medical Specialist II – Part time  
2021 - present  
Dr. Jose N Rodriguez Memorial Hospital

Medical Specialist II – Visiting Consultant  
2021 - present  
National Children's Hospital

Active Consultant  
2021 - present  
St. Luke's Medical Center – Bonifacio Global City

Active Consultant  
2021 - present  
VRP Medical Center

Lecturer  
2021 - present  
Manila Central University College of Medicine

Assistant Chief Resident for Special Affairs  
Academic Year 2017

Department of Health Eye Center Sight Saving Month 2017  
Committee Head

### **PROFESSIONAL MEMBERSHIPS**

Philippine Academy of Ophthalmology  
Diplomate, Member

Philippine Board of Ophthalmology  
Diplomate, Member

Philippine Medical Association  
Member

Quezon City Medical Society  
Member

University of Santo Tomas Faculty of Medicine and Surgery Alumni Association  
Member

University of the Philippines Alumni Association  
Member

## LECTURES/PRESENTATIONS

June 2017	Updates on Management of Retinoblastoma (Literature Review) Luxent Hotel Quezon City, Philippines
January 2017	Refractive Surprise (Case Discussion) East Avenue Medical Center, Philippines
January 2017	Overview of Lacrimal Apparatus (Lecture) East Avenue Medical Center, Philippines
April 2016	Ocular Lymphoma (Case Series) East Avenue Medical Center, Philippines
April 2016	Anterior Uveitis – Herpes, Cytomegalovirus, Posner-Schlossman Syndrome, Fuch’s Heterochromic Iridocyclitis (Literature Review) East Avenue Medical Center, Philippines
August 2015	Involitional Entropion (Case Report) East Avenue Medical Center, Philippines
February 2015	Complications of Uveitis and Management (Literature Review) East Avenue Medical Center, Philippines

## MEETINGS ATTENDED

April-May 2021	Philippine Academy of Ophthalmology Mid-year Virtual Meeting Manila, Philippines
March 2020	Cadaveric Dissection – Singapore General Hospital Singapore, Singapore
January 2020	35th Singapore-Malaysia Joint Meeting in Ophthalmology in conjunction with the 1st Asia-Pacific Ocular Imaging Society Meeting, Singapore, Singapore
March 2019	34 <sup>th</sup> Asia-Pacific Academy of Ophthalmology Congress Bangkok, Thailand
June 2018	World Ophthalmology Congress Barcelona, Spain
May 2018	Philippine General Hospital (Department of Ophthalmology and Visual Sciences) <i>Basic Course in Diagnostics and Instrumentation</i> Manila, Philippines
May 2018	Philippine General Hospital (Department of Ophthalmology and Visual Sciences) <i>Clinical and Surgical Course Series: External Disease and Cornea</i> Manila, Philippines
February 2018	33 <sup>rd</sup> Asia-Pacific Academy of Ophthalmology Congress

	Kowloon, Hong Kong
December 2017	Philippine Academy of Ophthalmology Annual Convention Pasay City, Philippines
October 2017	Philippine Society of Ophthalmic Plastic and Reconstructive Surgery Round Table Discussion Pasig City, Philippines
August 2017	Philippine Society of Ophthalmic Plastic and Reconstructive Surgery Conference Makati City, Philippines
August 2017	Department of Health Eye Center Instructional Course Quezon City, Philippines
May 2017	Philippine General Hospital (Department of Ophthalmology and Visual Sciences) <i>Pediatric Ophthalmology Instructional Course</i> Manila, Philippines
May 2017	Philippine General Hospital (Department of Ophthalmology and Visual Sciences) <i>Basic Course in Diagnostics and Instrumentation</i> Manila, Philippines
April 2017	Philippine Academy of Ophthalmology Mid-year Meeting 2017 Iloilo City, Philippines
January 2017	Philippine General Hospital (Department of Ophthalmology and Visual Sciences) <i>Basic Course in Phacoemulsification</i> Manila, Philippines
November 2016	Philippine Academy of Ophthalmology Annual Convention 2016 Pasay City, Philippines
October 2016	Philippine Society of Ophthalmic Plastic and Reconstructive Surgery Round Table Discussion San Juan City, Philippines
August 2016	Department of Health Eye Center Instructional Course Quezon City, Philippines
July 2016	Philippine Society of Ophthalmic Plastic and Reconstructive Surgery Round Table Discussion Quezon City, Philippines
May 2016	Philippine General Hospital (Department of Ophthalmology and Visual Sciences) <i>Basic Course in Diagnostics and Instrumentation</i> Manila, Philippines
April 2016	Philippine Academy of Ophthalmology Mid-year Meeting 2016 Camarines Sur, Philippines
April 2016	Philippine Society of Pediatric Ophthalmology and Strabismus Conference San Juan City, Philippines

April 2016	Philippine Society of Ophthalmic Plastic and Reconstructive Surgery Conference Manila, Philippines
December 2015	Philippine Academy of Ophthalmology Annual Convention 2015 Mandaluyong City, Philippines
July 2015	Department of Health Eye Center Instructional Course Quezon City, Philippines
July 2015	Philippine Society of Cataract and Refractive Surgery Annual Meeting Manila, Philippines
May 2015	Philippine Academy of Ophthalmology Mid-year Meeting 2015 Cebu City, Philippines
November 2014	Philippine Academy of Ophthalmology Annual Convention 2014 Pasay City, Philippines
September 2014	Philippine General Hospital (Department of Ophthalmology and Visual Sciences) <i>Basic Course in Ophthalmology</i> Manila, Philippines

## **BIBLIOGRAPHY**

### **Abstracts Accepted for Oral Presentation:**

**Mari Shaina Kristin Bugayong – Principal Author**

Charmaine Y. Ang, Fatima G. Regala – Co-authors  
*“Orbital Multiple Myeloma in a 28-year old: A Case Report”*  
 World Ophthalmology Congress 2018  
 Barcelona, Spain. June 18, 2018

**Mari Shaina Kristin Bugayong – Principal Author**

Fay Charmaine S. Cruz, Sheila S. Jimenez – Advisers  
*“A 10-Year Retrospective Chart Review of Children with Low Vision and Blindness in a  
 Government Eye Referral Center in Quezon City, Philippines”*  
 Residents’ Research Paper Contest  
 Philippine Academy of Ophthalmology Annual Convention 2017  
 Pasay City, Philippines. December 4, 2017

### **Abstracts Accepted for Poster Presentation:**

**Mari Shaina Kristin Bugayong – Principal Author**

Charmaine Y. Ang, Fatima G. Regala – Co-authors  
*“Orbital Multiple Myeloma in a 28-year old: A Case Report”*  
 World Ophthalmology Congress 2018  
 Barcelona, Spain. June 16-19, 2018

**Mari Shaina Kristin Bugayong – Principal Author**

Fay Charmaine S. Cruz, Sheila S. Jimenez – Advisers  
*“A 10-Year Retrospective Chart Review of Children with Low Vision and Blindness in a Government Eye Referral Center in Quezon City, Philippines”*  
World Ophthalmology Congress 2018  
Barcelona, Spain. June 16-19, 2018

**Mari Shaina Kristin Bugayong – Principal Author**  
Charmaine Y. Ang, Fatima G. Regala – Advisers  
*“A Unique Ocular Manifestation of Acute Lymphoblastic Leukemia”*  
Philippine Academy of Ophthalmology Annual Convention 2016  
Pasay City, Philippines. November 24-26, 2016

**Mari Shaina Kristin B. Bugayong – Principal Author**  
Leonides Karlo C. Melendres III – Advisers  
*“A Diagnostic Dilemma: Optic Neuropathy secondary to a Suprasellar Lesion”* Philippine  
Academy of Ophthalmology Annual Convention 2015  
Pasay City, Philippines. December 3-5, 2015

#### **EXTRACURRICULAR ACTIVITIES:**

##### **Basketball**

*Forward, University of Santo Tomas Faculty of Medicine and Surgery Women’s Basketball Team (2006-2009)*

*Team Captain, University of the Philippines Integrated School Women’s Basketball Team (2001)*

*Pointguard, University of the Philippines Integrated School Women’s Basketball Team (1997-2001)*

##### **Dance**

*Member, University of Santo Tomas Faculty of Medicine and Surgery Terpsichorean Circle (2006-2011)*

*Member, University of the Philippines-Manila Indayog Dance Troupe (2005-2006)*